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THE OPRAH
MAGAZINE

Upgrade Your Life!

54 easy ways to live
better—without
spending a
penny more

The Best Books of Summer
77 GREAT READS FOR BED, BEACH & BEYOND

Let It Go!

A four-step plan
for managing
your stress

The Other Woman

Making peace with
a new husband's
old wife

Oh, Sugar!

Simple ways
to cut your
cravings

How to Stop Settling for Less

Iyanla to the rescue, pg. 40

jp.

JEFFREY PHILLIP ®

O MAGAZINE

JULY 2014

THE MAKE-IT-BETTER MATRIX



HOW BIG AN UPGRADE DO YOU NEED? PICK A LEVEL OF COMMITMENT AND PUT OUR QUICK TRICKS TO WORK.

ILLUSTRATIONS
BY *Oliver Munday*

Tap Bo
for Ma

BRIGHTEN
YOUR
MORN

SWEETEN
YOUR
MUST-

ELEVATE
YOUR
DINNERS

SPIFF UP
YOUR
SPACE

FOLLOW THE RAINBOW



You could spend Sunday night digging through your closet looking for that dress you love but can never find. Or you could save time every morning by color-coding. “We remember what clothes we have based on their colors,” says professional organizer and designer **Jeffrey Phillip**. “To make items easier to locate, hang them by type (i.e., skirts with skirts), then organize them according to **ROY G. BIV**, the well-known acronym for the colors of the rainbow.” The pot of gold? Finding that green wrap dress in record time.

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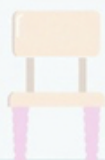
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CHICKEN
WINNER



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STALK



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THE POWER
OF DUCT
TAPE



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OUTSIDE
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LINES